


ADVANCING QUALITY OUTCOMES AND
INNOVATIONS:
Preparing pharmacy for the future

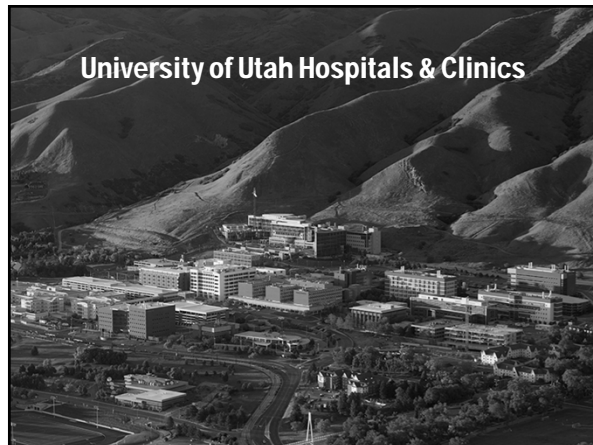


Leveraging Information to Lead Health System Organizations

Quinn McKenna, M.H.A.
Chief Operating Officer and Executive Director
University of Utah Hospitals & Clinics
Salt Lake City, Utah

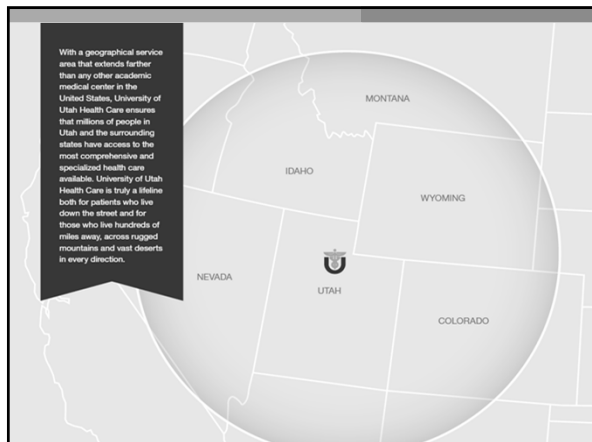
Learning Objectives

- Describe how organizations are using macro and micro data to drive decisions.
- Discuss what analytics mean in today's health care arena.
- Apply business intelligence to the analysis of data.



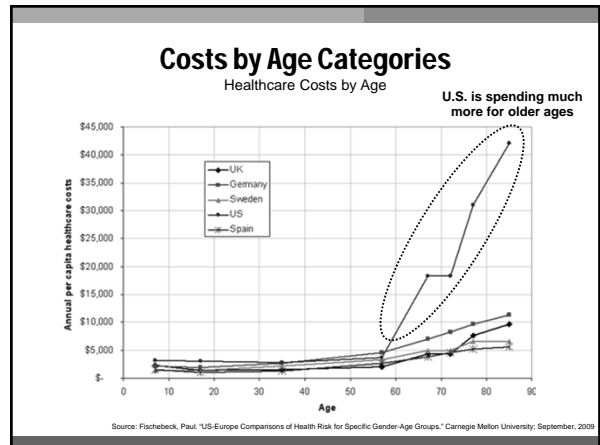
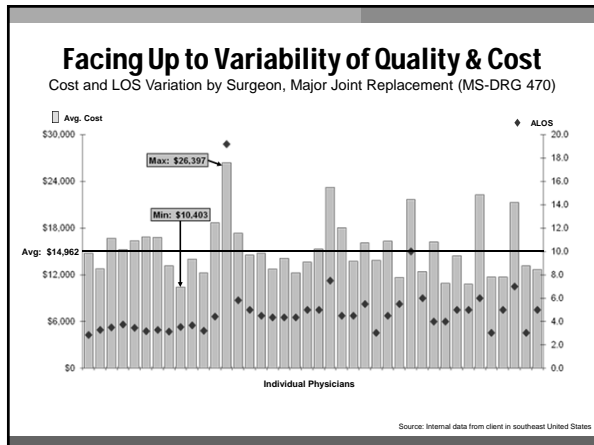
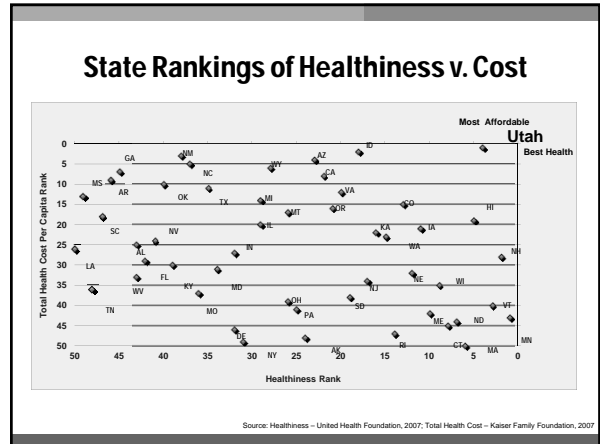
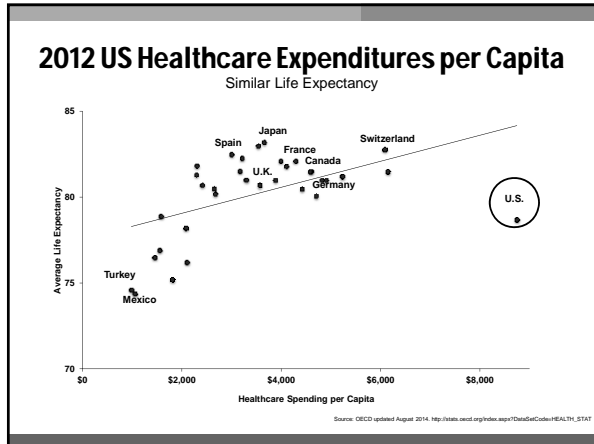
- **4 Hospitals**
- **11 Neighborhood Health Centers**
- **200 Medical Specialties**
- **1,000 Board-Certified Physicians**

With a geographical service area that extends farther than any other academic medical center in the United States, University of Utah Health Care ensures that millions of people in Utah and the surrounding states have access to the most comprehensive and specialized health care available. University of Utah Health Care is truly a lifeline both for patients who live down the street and for those who live hundreds of miles away, across rugged mountains and vast deserts in every direction.



MONTANA
IDAHO
WYOMING
NEVADA
UTAH
COLORADO

What Is Our Challenge?



The Problem: Current Growth Rate

10,000
 Number of baby boomers turning 65 each day. More than half will have multiple chronic conditions.
 Source: Medicare Trustees Report, 2012

\$1 Trillion
 Projected annual cost of Medicare in 2022 — almost double the current cost of \$560 billion.
 Source: Congressional Budget Office

Ratio of workers to Medicare beneficiaries

- 1965: 10 workers per beneficiary
- 2011: 4 workers per beneficiary
- 2040: 2 workers per beneficiary

Amount of lifetime Medicare benefits received vs. Medicare taxes paid per couple

\$387,000 (received) vs. \$122,000 (paid)

Source: The Urban Institute, 2012
 Source: Medicare Trustees Report, 2012

The Fiscal Gap

Unfunded federal obligations, 2014

- Social Security: \$7.7 trillion
- National Debt: \$17.4 trillion
- Medicare: \$38.7 trillion

Total (as a net present value) = \$63.8 trillion+

Source: Brent C. James, M.D., M.Stat. Executive Director, Institute for Health Care Delivery Research Intermountain Healthcare Salt Lake City, Utah

Is There a Solution?

Is your system acquiring other hospitals and/or physicians?



- a. Yes
- b. No
- c. I don't know

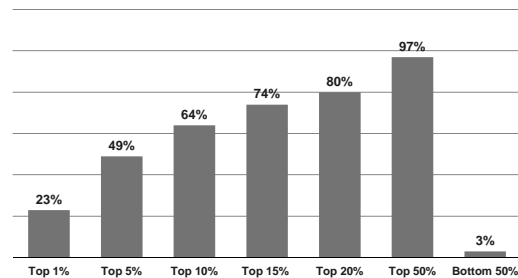
Is your system focusing on population health initiatives?



- a. Yes
- b. No
- c. I don't know

Population Percentile Ranked by Health Care Spending

Concentration of Health Spending in the U.S., 2004



Is your system participating in any insurance risk programs?



- a. Yes
- b. No
- c. I don't know

Is your system focused on cost control more than quality improvement?



- a. Yes
- b. No
- c. Equal emphasis
- d. I don't know

5 Solutions?

- Maintain Health
 - Exercise and Diet
- Disease Prevention
 - Immunization, Unhealthy Practices
- Effective and Efficient Care
- Chronic Disease Management (50% of cost on 5% of patients)
- Societal Choices

5 Solutions?

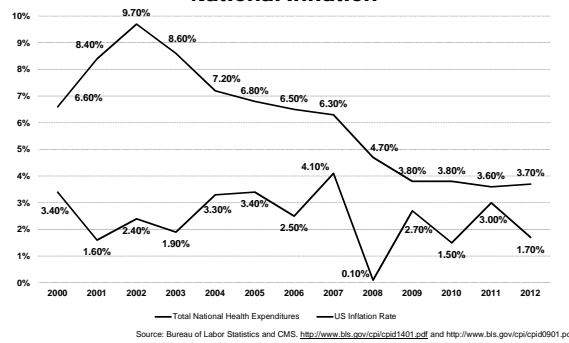
- Maintain Health
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Where is the Government's Focus?

The Game Changers

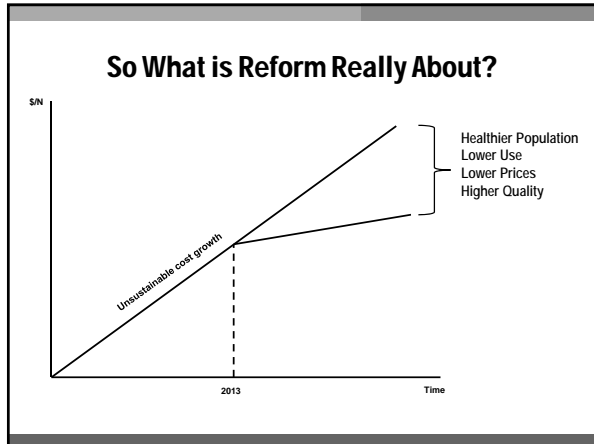
- American Recovery and Reinvestment Act of 2009 (The "Stimulus")
 - Requires Meaningful Use of Health Information Technology
- Requires Protection and Affordable Care Act of 2010 (Obamacare)
 - Medicaid Expansion
 - Insurance Exchanges
 - High Deductible Health Plans
 - Guaranteed Issue of Health Insurance, Regardless of Pre-Existing Condition
 - Minimum Essential Benefits (Prevention, Maternity, Mental Health)
- Budget Control Act of 2011 (The Sequester)
 - Reduces Medicare Payments to Hospitals, to Help Reduce the Federal Budget Deficit
- American Taxpayer Relief Act of 2013 (The Fiscal Cliff)
 - Reduces Medicare Payments to Hospitals, to Avoid Tax Increases

Healthcare Inflation Continues to Outpace National Inflation



The Market is Changing...

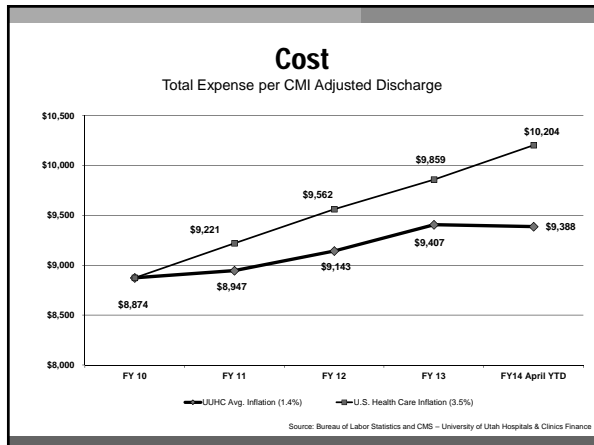
- We are being asked to deliver greater value
 - Improved clinical outcomes
 - Improved experience of our patients
 - Lower cost
- We are being asked to care for the health of a population
- Payment systems and methodologies are changing...rewarding those who accept risk and deliver value
- We are being asked to increase funding in support of the academic mission as other sources of funding are diminished



Is your institution increasing costs at a slower rate than CPI?

?

- a. Yes
- b. No
- c. I don't know



Foundational Problem: Measuring Value

"... A fundamental and largely unrecognized problem: We don't know what it costs to deliver health care to individual patients, much less how those costs compare to the outcomes achieved."

"Understanding costs could be the single most powerful lever to transform the value of health care."
 - Robert S. Kaplan & Michael E. Porter

Is your organization's quality of care better than average?

?

- a. Yes
- b. No
- c. I don't know

Is your organization's cost of care better than average?

?

- a. Yes
- b. No
- c. I don't know

The Role of Information in Decision Making and Moving the Organization

Starting Point

- Do you have a clear vision of where you are going?

Value Equation

$$\begin{array}{c} V \\ \text{(VALUE)} \end{array} = \frac{\begin{array}{c} Q + S \\ \text{(QUALITY) (SERVICE)} \end{array}}{\begin{array}{c} \$ \\ \text{(COST)} \end{array}}$$

Understanding?

- Do you clearly understand how you are currently performing?

The Role of Information is to Help You Understand Where You Are, Assist You in Making the Best Decisions and Reveal Your Progress Toward Your Vision of the Future

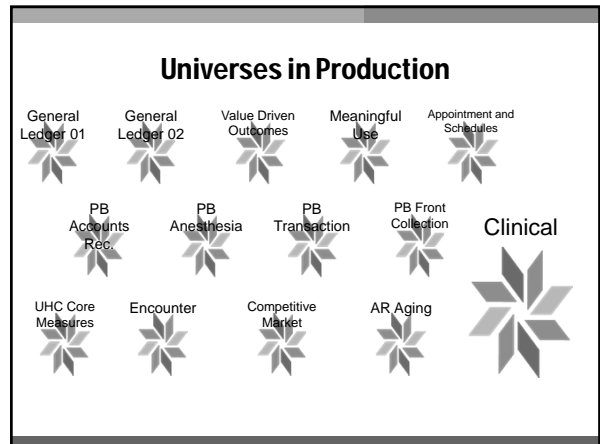


Business Intelligence User Group

Current State of BI

Since June BI User Group

- Users **>419** +262 (121%)
- Universes Prod: **27** +13 (93%)
- Reports **5,900** +4,722 (399%)



FY14 Operational Strategy

- Purpose
 - Track progress toward operational goals
- Features to highlight
 - Navigation
 - Interactivity

Danielle Freeman & Candice Crawford – Decision Support

Clinical Drill Analysis

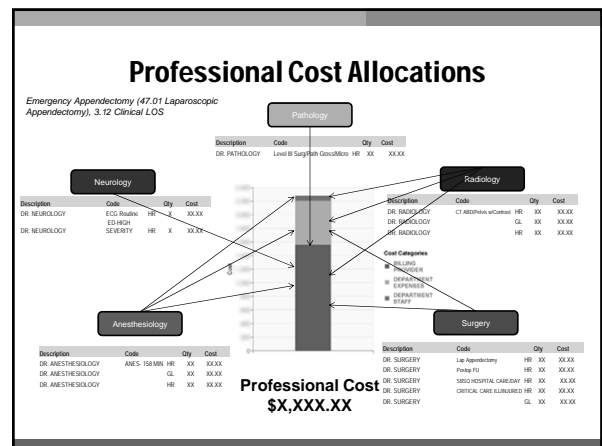
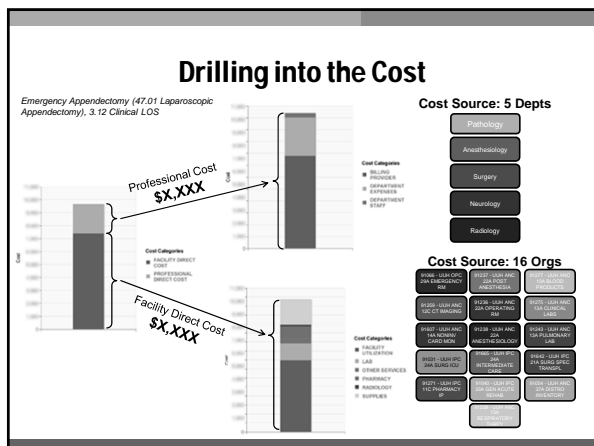
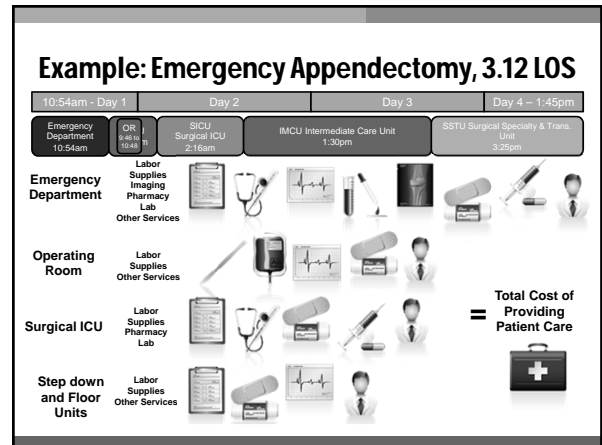
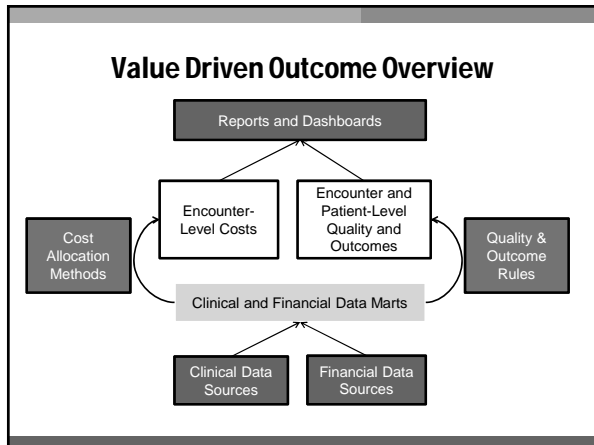
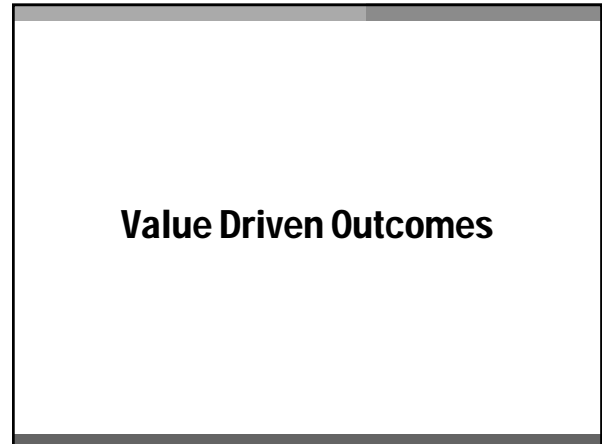
Meaningful Use

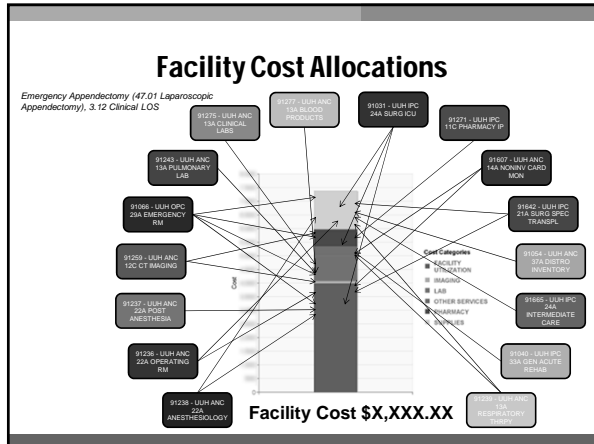
- Purpose
 - Provide required reporting to Chairs, Administrators, and Physicians on Meaningful Use requirements
- Universe
 - Meaningful Use
- Features to Highlight
 - Report bursting
 - Filter bar

Decision Support

Thrombosis

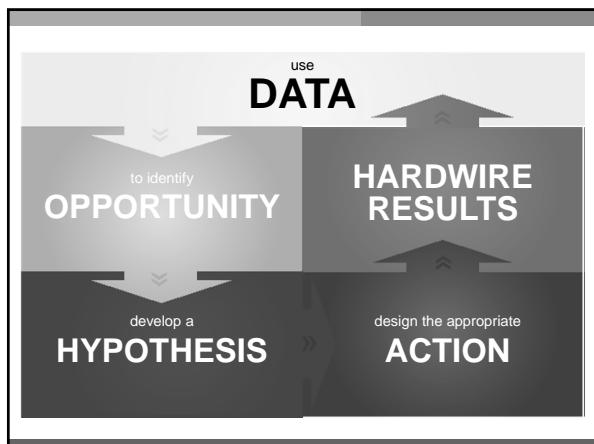
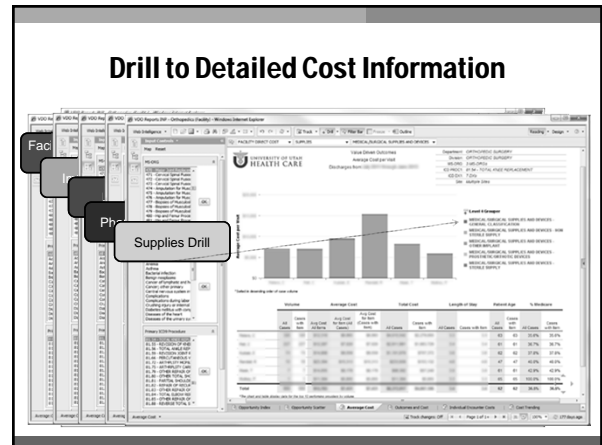
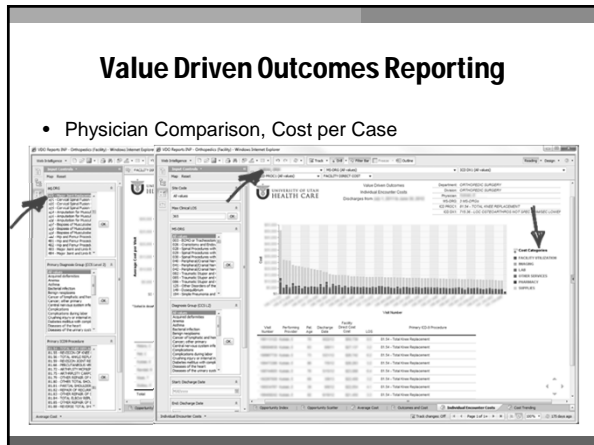
- Purpose
 - Report on Major Bleeding events and protocols
- Universe
 - Clinical





UNIVERSITY OF UTAH HEALTH CARE | Value Driven Outcomes

Value Driven Outcomes Analytics



Engagement is a Key Success Factor

VDO Care Processes

- Sponsor: Chair/Chief
- MD Leader
Interdisciplinary Team
- Dedicated Support
- 90-Day Timeline

Value Equation

$$V \text{ (VALUE)} = \frac{Q \text{ (QUALITY)} + S \text{ (SERVICE)}}{\$ \text{ (COST)}}$$

Examples

Joint Replacement

Joint Replacement

Value Driven Care Process

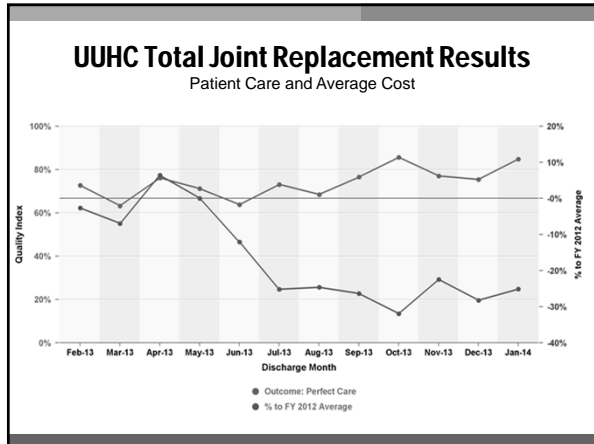
Physician Lead: Chris Pelt, MD
 Sponsor: Charles Saltzman, MD

Multidisciplinary Team:

- Nursing
- Physical Therapy
- Ambulatory Clinic
- Case Management
- Value Engineering
- Decision Support
- EDW
- Quality & Patient Safety

Perfect Care Composite: Joint Replacement

National Metrics	Local Metrics
30 day readmission	Early mobility
8 SCIP measures	ED visit within 90 days
35 HAC/PSI metrics	Discharge unit
	Anesthesia technique



Hospitalist Lab Utilization

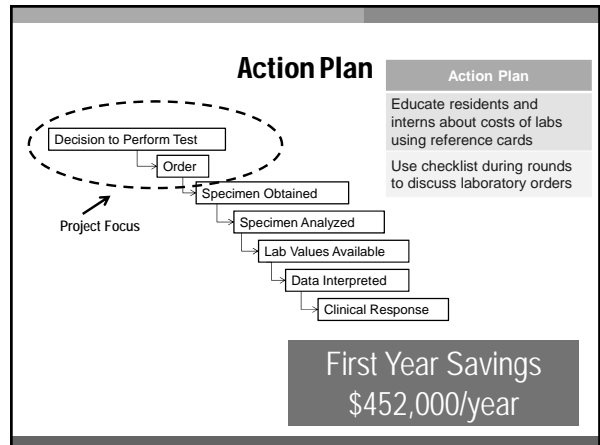
Hospitalist Laboratory Utilization

Opportunity: Average direct cost for labs are high

- Patients do not like laboratory draws
- 30-50% of labs deemed to be unnecessary
- 20-40% reduction obtainable without change in mortality or readmissions

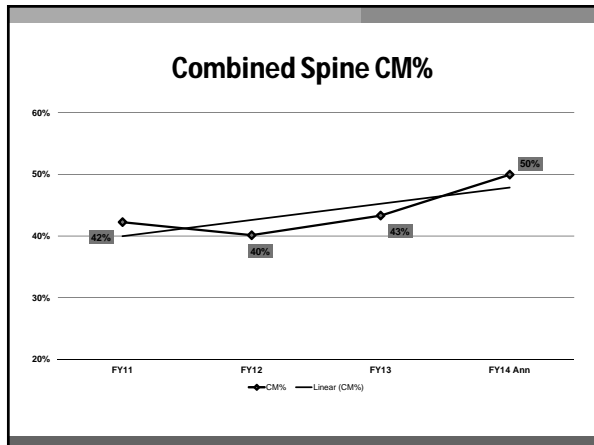
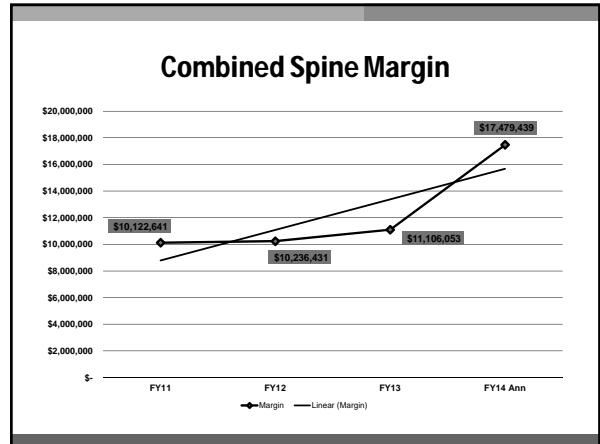
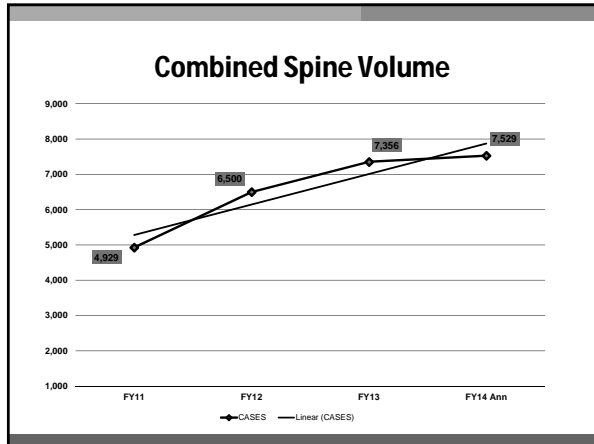
Burk et al. J of Trauma 1996;41:714-20

- **Goal**
 - Reduce average direct cost per discharge for hospitalist labs by 30%
- **Measures**
 - Average direct cost per discharge
 - CMI adjustment as required
 - Monthly feedback at hospitalist meeting regarding costs per discharge

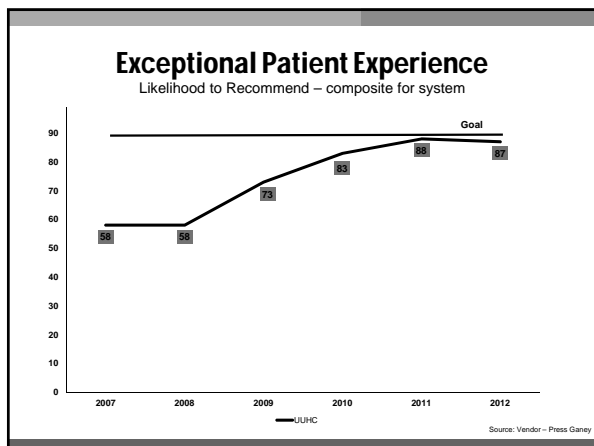


Spine Surgery

- ### Spine Surgery Improvements
- Established a University-wide Ortho, Neuro, and PMNR Spine Governance Group
 - Establishing a single market facing presence to include both Ortho and Neuro
 - i.e. One website, One phone number, One marketing campaign
 - Pricing agreement with reduced number of vendors
 - More lumbar and cervical fusions and less scoliosis (multi-level fusions)



Exceptional Patient Experience



Patient Satisfaction

Exceptional Patient Experience

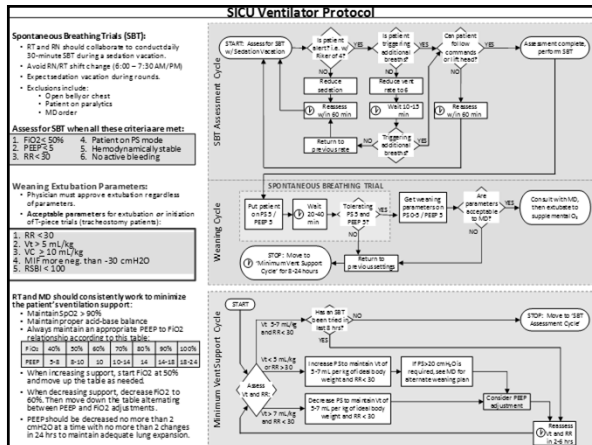
Patient satisfaction scores among the BEST IN THE U.S.
 88% overall system-wide

“Every medical system in the country should embrace online reviews.”
 KevinMD.com
 Social media's leading physician voice.

All Clinics - Quarterly
 Press Ganey Survey Questions
 All scores are All Facilities percentile rank by received date

	FY13 n = 2874	Q4FY13 n = 10104	Q3FY13 n = 10510	Q2FY13 n = 10136	Q1FY13 n = 12080	Q4FY13 n = 13070	Q3FY13 n = 13542	QTD n = 10072
Overall	37	65	65	54	56	70	70	69
Access								
Ease of getting clinic on phone	27	37	40	37	46	56	66	64
Convenience of our office hours	32	28	28	38	42	47	55	58
Ease of scheduling appointments	29	34	39	41	43	46	59	65
Courtesy of registration staff	50	64	70	80	75	80	87	90
Moving through Your Visit								
Information about delays	21	24	20	39	51	49	65	69
Wait time at clinic	31	36	31	38	43	40	62	64
Nurse/Assistant								
Friendliness/courtesy of nurse/assistant	34	50	56	57	56	59	75	77
Concern of nurse/assistant for problem	32	48	54	55	54	57	75	76
Care Provider								
Friendliness/courtesy of CP	41	54	53	59	48	56	69	76
CP explanations of prob./condition	36	48	53	51	46	53	64	73
CP concern for questions/ worries	38	52	55	58	49	57	69	73
CP efforts to include in decisions	38	55	56	60	52	60	70	76
CP information about medications	36	49	50	51	51	54	69	76
CP instructions for follow-up care	32	43	45	51	41	47	63	67
CP looks using clear language	31	47	48	52	41	48	77	80
Time CP spent with patient	32	40	46	49	50	51	70	75
Patients' confidence in CP	47	62	59	67	56	61	69	78
Likelihood of recommending CP	40	55	54	62	50	55	67	75
Personal Issues								
How well staff protect safety	38	41	47	54	50	60	78	78
Our sensitivity to patients' needs	32	43	47	57	53	58	74	76
Our concern for patients' privacy	37	48	52	63	57	67	80	83
Cleanliness of our practice	41	49	48	59	56	66	73	77
Overall Assessment								
Staff worked together	34	48	51	59	52	55	66	75
Likelihood of recommending practice	39	52	56	65	54	57	70	75

Vent 48



Vent 48 Total Value Results

Basis	Savings Rate	12 mo. total	Notes
8,747 fewer vent hours DC of a vent hour according to RT operational statement	\$10.99 per vent hour	\$96K	For UHPP Only, not in total
8,747 fewer vent hours Regression analysis: • Vent Hours → DC	\$37.22 per vent hour	\$325.6K	Wrongly assumes LOS is independent of Vent hours
1458 fewer LOS days Regression analysis: • Vent Hours → LOS → DC	\$88.21 per vent hour	\$771.6K	Vent to LOS correlation not as strong as Vent to DC correlation
Capacity Created by 1458 acute days	\$1117 per acute day	\$1,628.4K	Capacity Creation
18 fewer VAP cases	\$23.6K per VAP case	\$425K	Cost Avoidance: Based on difference in DC
Total		\$3,151K	

The Role of Pharmacy

- How Can Pharmacy Add More Value?
- Alignment – Value Equation
 - Quality – Competitive Outcomes
 - Employee Effectiveness – Simplify, Consistent
 - Clinical Effectiveness – Process Redesign
 - Financial Effectiveness – Leverage Pharmacy

Medication Reconciliation

- ## Medication Reconciliation
- Program
 - Inpatient pharmacy review of all medications prior to discharge
 - Results
 - Pharmacist called provider to address a medication error 40-50% of the time, 90-100% at HCH
 - Decreased readmission rate in CHF patients by 39% when added weekend coverage
 - Improved patient satisfaction
 - Talked with pharmacist about medications 71% to 82%
 - Wait time for discharge medications 73% to 84%

Outpatient Drugs to Inpatients

Just Ask the CMO

Fiscal Year	Inpatient Drug Expense (Restricted Medications)	Inpatient Revenue Lost (Restricted Medications)
FY10	\$475,000	\$1.3 million
FY11	\$85,000	\$240,000

- Initiative reduced drug expense
 - Limiting dispensing of restricted medications in inpatient setting
 - Maximize 340b purchases

CASE STUDY

University of Utah Hospitals and Clinics Uses UHC Clinical Data Base/Resource Manager™ to Achieve Cost Savings

Problem Statement/Goal
 In 2011, University of Utah Health Care (UHC) observed an increase in overall inpatient drug costs and realized that there were likely savings opportunities in pharmacy by reviewing high-cost medications in the inpatient setting and associated opportunities.

Objectives
 Data analysis: UHC used the UHC Clinical Data Base/Resource Manager™ (CDR/M) to identify pharmacy resource utilization patterns in the inpatient setting. Specifically, the data highlighted several high-cost medications that were administered in the inpatient setting but could be administered at lower cost in the outpatient setting with minimal clinical impact. With the clear medical direction, hospital pharmacy clinical staff identified possible solutions that took into account the medication's inpatient and high-cost drugs in the inpatient and outpatient settings. A list of potential "outpatient/early" medications was presented to the Pharmacy and Therapeutics Committee for review.

Key members: UHC developed an additional fee savings policy for inpatient only that may not be used in the outpatient setting without medical officer (CMO) or designated approval. These medications are being used to manage chronic diseases that may be amenable to the patient's admission and are not required on an emergency basis.

Key Takeaways:

- Share information with administrators and providers that reduces any change needs or friction.
- Use information technology, such as computerized physician order entry systems, to get the point across.

© 2012 UHC. All rights reserved. For more information about the UHC Clinical Data Base/Resource Manager™, visit uhc.com.

Central Refill Authorization

Central Refill Authorization Utilization

Opportunity: Improve timeliness and efficiency of refilling prescriptions

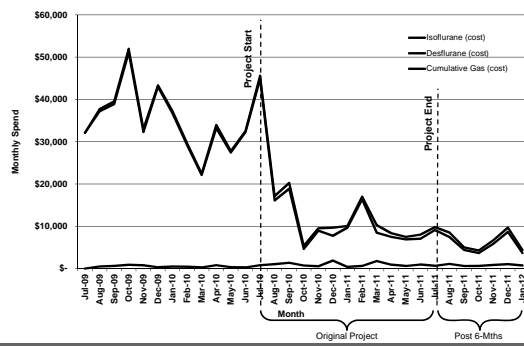
- Current process requires more FTEs
- No standard process for refill authorization
- Current workflow takes clinic staff away from patient care

- Goal
 - Create central refill authorization center
 - Take over refill request from clinic pharmacies
- Projected benefit
 - \$300,000 – Salary and benefits
 - Increased clinic staff availability
 - Decreased waiting time for refills
 - Decreased refill request to providers

Anesthesia

"Green Anesthesia" 6-Mnth Post Award Review

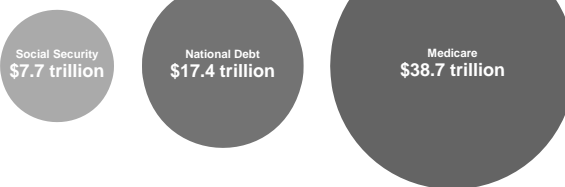
Isoflurane & Desflurane Spend: July 1, 2009 – December 31, 2011



Understanding

The Fiscal Gap

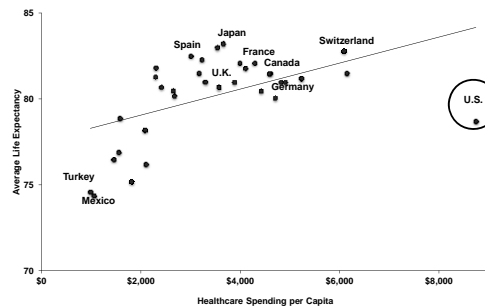
Unfunded federal obligations, 2014



Source: Brent C. James, M.D., M.Stat. Executive Director, Institute for Health Care Delivery Research Intermountain Healthcare Salt Lake City, Utah

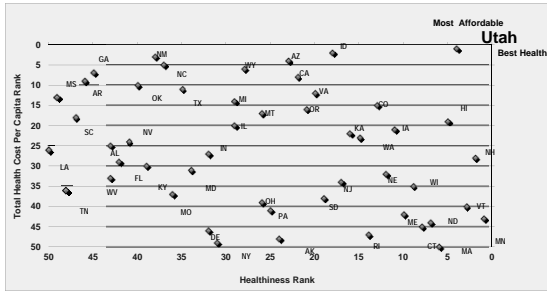
2012 US Healthcare Expenditures per Capita

Similar Life Expectancy



Source: OECD updated August 2014. http://stats.oecd.org/index.aspx?DataSetCode=HEALTH_STAT

State Rankings of Healthiness v. Cost



Source: Healthiness – United Health Foundation, 2007; Total Health Cost – Kaiser Family Foundation, 2007

“The Salt Lake City benchmark results in the greatest estimated reduction in acute care hospital spending. If, over the four years of our study, hospital utilization rates had been at the level of Salt Lake City, Medicare spending for inpatient care would have been reduced by 32.4%.”

- *The Dartmouth Atlas of Healthcare, 2007, 2008*

Clear Vision of the Future

$$V = \frac{Q + S}{\$}$$

(VALUE) = (QUALITY) + (SERVICE) / (COST)

Understanding is the Key

There is a way to do it better – find it.

-Thomas Edison